

Food bank coming to Doon to help students in need

By Jason Schmidt

As we progress through this merciless recession, it is important people recognize the need for caring for the less fortunate.

That is why Pat Trudeau, in co-operation with the Doon Student Association (DSA), will be introducing a food bank on Conestoga's Doon campus this fall.

Trudeau, a counsellor at Doon Student Services, held a food bank awareness day on April 21 in the cafeteria and said she has had a growing concern for some of the students who have come to her with various problems.

"I have seen about two or three people a week come in who are in desperate straits," she said.

"These people have run out of money and have no food in the cup-

board."

Trudeau said the thought of using a food bank at Doon came to her mainly because of her previous job.

"I used to work at the food bank in Toronto so I had the idea in my head. When I started hearing about students who were going hungry, I just instantly thought food bank," she said. She also stated after coming up with the idea she spoke to faculty, students, and some of her colleagues. They assured her they were seeing the same number of people who were in need of support.

Trudeau said she has seen students go through some bad times but she has never seen it this bad.

"I blame it on the economy and decrease in OSAP money," she said.

"Another reason I think is because

some students don't have families who can help them, sometimes their parents get laid off and don't have jobs."

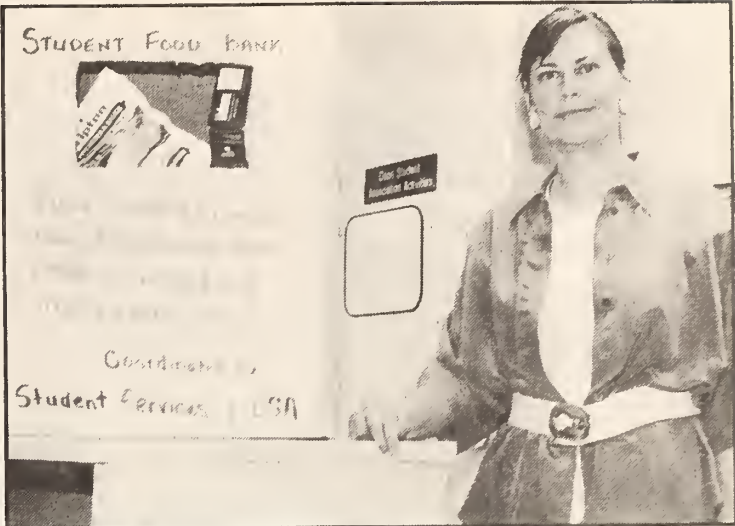
Trudeau stated there is currently a food bank at Mohawk and Cambrian Colleges and both have had great success in aiding students who need food.

"The DSA met Pat's idea with a very positive reaction," said Becky Boertien, DSA activities co-ordinator.

Boertien said she has also seen a great demand for a food bank and it is an excellent idea.

Starting this fall there will be boxes placed in both the cafeteria and student services where students can make donations.

There will also be another kick off event this fall that will help get the project in motion.



Pat Trudeau stands in front of the food bank collection box in the DSA office at Conestoga College's Doon campus.
(Photo by Jason Schmidt)

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Vol 25, No.15 Conestoga College, Kitchener, Ont. May 17, 1993

'Nobody above the law'

Everyone must obey fire route signs, fire prevention officer says

By Gaynor Fletcher Crewson

A fire prevention officer from the Kitchener fire department says everybody should obey fire route signs in front of the Doon campus, after a college security supervisor parked in the zone for over an hour a few weeks ago.

Scott Urquhart said he was concerned about what had happened and that fire officials could come to the campus and ticket illegally-parked cars themselves.

"Nobody is above the law" when it comes to fire safety, he said, adding that observing regulations is especially important for somebody who is "supposed to be setting an example" for students. The fine for parking on a fire route is \$30 because the offence could endanger lives if a fire were to break out, Urquhart said.

College president John Tibbits also parked in the zone temporarily May 5 while attending an awards presentation in the Marjorie Carroll Room.

Supervisor of college security Bob Gilberts parked his car in the

route about 2 p.m. March 30 while he attended a meeting. Gilberts left his car there in front of a group of students sitting across the roadway.

"There was a big truck and I couldn't get by anywhere so I parked it," he said, adding the reason he left it for so long was he "got tied up in a meeting."

At a Spoke reporter's request, security officer Janet Smith appeared with her ticket book and after telling the driver of a car behind Gilbert's to move, left Gilbert's vehicle ticketless. She then issued a ticket to a pick-up truck in front. Asked about not ticketing Gilberts car, Smith said, "You're making a mountain out of a mole hill," and suggested the reporter "go and ask him (Gilberts) about it."

Kitchener traffic technician Ken Mire said there have been on-going problems with parking at the Doon campus, adding that no one should park on the fire route. "I know they enforce diligently there, but that should apply to everyone."

Mire said he would speak to Gilberts about the incident.



Security officer Jim Brady removes president John Tibbits' car from the fire route at Conestoga College's Doon campus on May 5.
(Photo by Gaynor Fletcher-Crewson)

Tibbits parked his car on the fire route while Gilberts looked on. He would not comment on why the college president's car was not issued with a \$30 ticket or moved to a parking lot, but said to "go and see my boss," before returning indoors.

Security officer Jim Brady was in the office at the time but he too refused to go outside.

"There are a lot of people who have parked here who haven't gotten a ticket because there are no staff here to ticket them," Brady said, before he asked: "Would you go out of your way to ticket someone who can take your job away?" But Brady said he didn't believe Tibbits would be vindictive if he wrote him a ticket.

See Policy on back page

EET student dies

By Zen Karp

Grievance counselling was offered to classmates of Greg Varcoe, 21, a third-year electronics engineering technology (EET) student, who died April 14.

Counsellors Rick Casey and Bill Clemenson spoke with about 20 EET students and faculty April 20 to discuss people's feelings on the loss of a fellow student. The discussion was part of the college's tragic response procedure, meant to help students cope with sudden losses.

Casey said he was impressed by the initiative of the Institution of Electronics and Electrical Engineers (IEEE), which set up a collection towards fighting diabetes, as Varcoe was a diabetic.

The Varcoe family said through an obituary in the Kitchener-Waterloo Record that, "as expressions of sympathy, donations to the Canadian Diabetes Association would be appreciated."

Cover up this summer more than ever

By Colleen Connachan

At this time of year, it is not unusual for people to be unpacking their favorite summer clothing, especially bathing suits, shorts and tank tops.

Whether it's Frisbee in the park, a dip in the pool or lounging on the beach, all who are planning to become involved in these activities should be aware of how to protect their skin this summer from the sun's ultraviolet rays.

"People don't understand that even tanning and not getting burned could cause skin cancer," said Doon health office nurse Margaret (Midge) Ennis.

She said the increasing damage to the ozone layer will result in an increase in skin cancer cases over the next 10 years. "Skin cancer from sun tanning doesn't strike people as important or (they can't feel) that it's going to happen to them," said Ennis.

Dr. Cathy McCuaig, a spokesperson for the Canadian Dermatology Association, said the government's efforts begun last year through Environment Canada's daily UV index and updates on the ozone layer are "commendable", but do not necessarily enhance awareness of skin damage.

"It doesn't seem to make a great deal of difference to people. Just have a look at a beach on a sunny day."

According to published Canadian Cancer Society information, long exposure to the sun is the number one cause of skin cancer, the most common type of cancer today.

Ennis said most people know they should protect themselves, but are usually too concerned with getting a nice tan or looking good in a bikini.

"They don't think of their own mortality," she said.

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SPOKE

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Where have you gone, Yogi Berra?

With a blank look on his face, he marches towards the mikes. A battle-weary athlete, dragging his feet behind him. There's nothing more on his mind except getting into his Mercedes and going home.



By John Summers

Pressed against a wall like he is about to be shot by a firing squad, he fires back answers to the sportswriters' questions — mindless answers, boring answers, typical answers.

How's the series shaping up? "We have to take it one game at a time." Is the next game a must-win situation? "Our backs are against the wall." What's it going to take to win? "We'll just have to give 110 per cent next time."

Over and over the jock reels off cliched retorts to the scribes' equally commonplace questions. He fills the sports pages with banal quotes which suck the life out of a game.

It's time to end this drudgery.

It doesn't mean players have to expound on a moment's notice and say, "My advantageous opportunity was the result of a propitious correlation between my locality and the space of time in which the episode occurred."

All that is a bit much, when you want to say "I was in the right place at the right time." Some imagination would be nice, though.

For example, after losing to the Leafs in the seventh game of the Norris Division semi-final, Steve Yzerman said: "We played pretty well, defensively, but we let them come back to tie, then beat us, so I guess maybe we didn't play our best."

Not exactly a revelation. But then, perhaps the timing of the question was lousy. Getting bounced from the playoffs when you're supposed to be a contender for the Stanley Cup has to be disheartening.

Then again, other players have used situations such as Yzerman's to spotlight their poetic prowess. Yogi Berra, the former Yankee catcher, invented the cliched answer when he said, "It ain't over till it's over." But don't brand Yogi as an average bore. He was a pioneer of colorful quotes. After being introduced to Ernest Hemingway, Berra said, "Good to meet you. A writer, huh. What paper you with, Ernie?"

Thank goodness the '90s has its own Yogi Berra. Today's victor of vernacular valor is Andy Van Slyke, centrefielder for the Pittsburgh Pirates. After a rough outing at the plate one afternoon, Van Slyke said, "I couldn't have driven Miss Daisy home today."

He describes the difference between home and road games as, "On the road, when you go downstairs for coffee in your underwear, they throw you out of the kitchen."

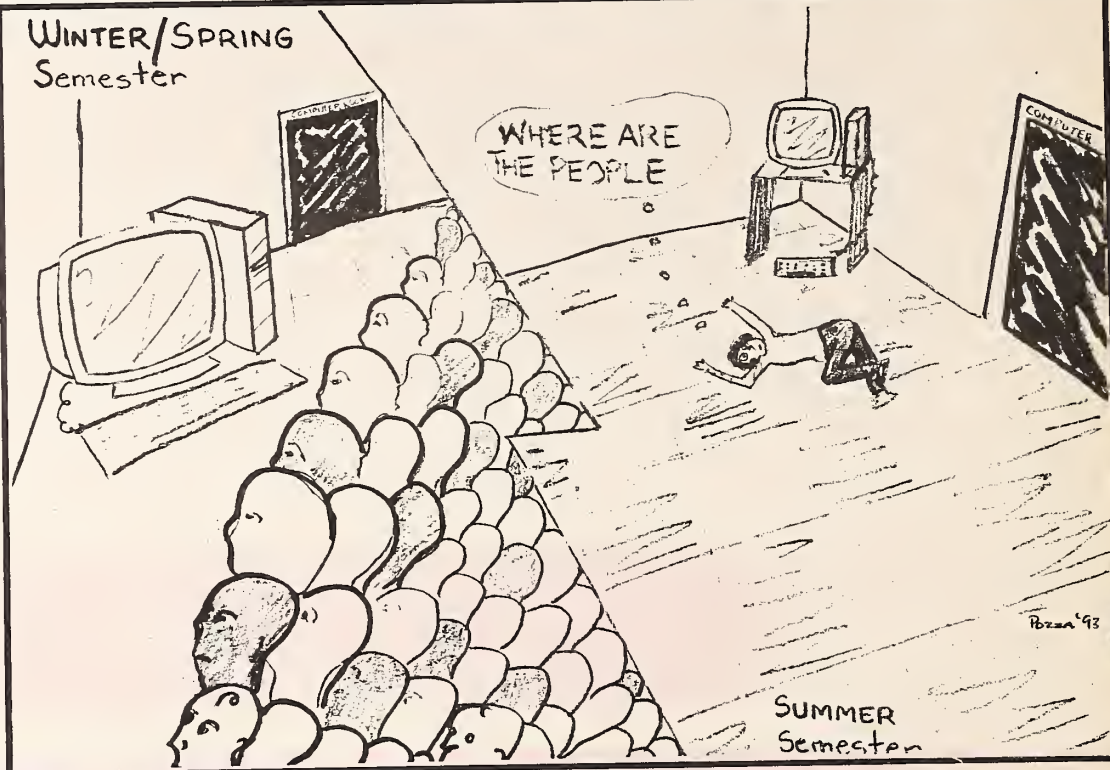
So what are sports fans to do when they hear the cliched answers over and over? I guess since our backs are against the wall, we'll just have to take it one day at a time because there's a long road ahead. But if we can give 110 per cent, work hard and do what's best for the team, maybe we can put all of this behind us.

Letters to the editor

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OPINION



Youth should think about careers

In society today, young people are more concerned about having fun than having a career. However, sooner or later, they will have to make a choice about what they want to do with their lives and sooner is a lot better than later.

Teenagers have to be aware of their options and try to determine what direction they want to take. By deciding while still in high school, they have the opportunity to take courses that will help them prepare for what lies ahead in college and university.

If students have an idea of what they want to pursue while still in high school, a great way to see if that choice is right for them is to take a co-op course. This allows them to see what their chosen profession is like and get some hands-on experience.

The articulation program offered by the Waterloo Region Catholic School Board and Conestoga College is a great way for high school students to get a taste of college life and try various programs offered in college. With the modifications happening to the program, a lot more students will have the opportunity to take part.



By Becki Chmielewski

Currently, only 20 students are enrolled in each of the five courses offered.

However, soon any secondary school teacher will be able to take his or her class to the college for 12 to 15 hours, during which they would learn about programs offered at Conestoga. Law students would have the opportunity to learn about the law and security administration (LASA) program and biology students could spend time with nursing students. These are just a couple of ways that can help young people choose their paths in life.

Too many high school students wait until their final year in high school to decide where they want to go next and sometimes they discover they have taken the wrong courses to be accepted into the program they want in college or university. This means returning to

high school for another year or taking night classes to get the courses they need.

Some students take a year off to work before going to college or university. Many do it to earn money for tuition, while others do it because, after being in school since the age of five, they are tired of it and want a break to relax and see the world.

There is nothing wrong with postponing college, but the longer away from school, the harder it is to get back into it.

There are a number of people who return to school after years of being in the workforce. These people have husbands or wives and even children to raise, and many of them find it tough to cope with the added pressure of school.

It will be much easier on young people if they start thinking about their careers now and take the courses they need. They could even try to get a summer job in their chosen field, even if it is just volunteer work.

The important thing is to get their feet in the door. Once that happens, they will find the possibilities are endless.

Deck a good idea, but in the wrong place

The construction of a deck for students to relax on is an excellent idea. It would give students a place to relax outside and eat, talk or just enjoy a sunny day. It's too bad the deck is being built in the wrong place.

The deck is being built behind the Kenneth E. Hunter Recreation Centre by students from the multi-skills program at Conestoga's Guelph campus. The same program also built the deck at the Guelph campus.

Duane Shadd, supervisor of customer relations at Doon, called the deck in Guelph "absolutely stunning." He is correct.

There are benches, tables and a barbecue pit in Guelph and there will be here as well when work is completed.

The benches and tables have a laminated coating that makes them both easy to clean and pleasant to look at. The barbecue is to be used



By Sean Meyer

for a variety of special events during the school year.

Perhaps the greatest attraction of the deck in Guelph is its location. The deck sits directly outside the cafeteria, allowing students to enjoy their meal there. It was built in that location so that all students would have easy access to it.

Location is, however, the biggest drawback about the deck being built here.

To use it, Doon students who purchase food from the cafeteria in the main building will have to walk to the recreation centre before even starting their meal. It would likely be cold by the time

they reach the deck.

Another use for the deck should be to give students a place to sit during a class break. The problem is that if you eliminate the time it takes to walk there and back, your break will be too short to bother with.

The ideal place for the deck at Doon is outside the cafeteria, next to the main building. There it would have been close to where a majority of students spend their time when not in class.

If built between the main building and the pond it would also have been located in the sun. If nothing else, this would have been more convenient for the majority of the students attending Doon.

The deck is part of a plan to beautify the area around the recreation centre. Perhaps the needs of the students should have been given greater consideration than beautification of the recreation centre.

Peer tutoring — more than just better marks

By Hilary Ibbotson

The peer tutoring program at Conestoga College is designed not only to help students get better marks but to help build self-confidence and self-esteem, says Doon campus peer tutor administrator Jo-Anne Morgan.

Eighty-three per cent of the people who have worked with tutors pass the course they are being tutored in, she said.

"But success to me is more measured in (a student saying), 'I was really discouraged. I was thinking of quitting the program. I didn't belong. But with a tutor I built up my self-confidence. I began to do better. I feel better about myself.'" That's the measure of success, said Morgan.

Tutors build self-confidence, self-esteem and skill development, she said. "A tutor can assist someone in building and developing work habits and getting organized."

In the summer, Morgan takes the peer tutoring program in a slightly different direction. "I'm more reactive than proactive in the summer. Rather than go out recruit tutors I wait until there's a need."

She said there are people available to tutor business math, technology math and robotics. She hires other tutors when and if the need arises. "If someone came in

and said, 'I have no keyboarding skills at all I need a tutor for keyboarding,' then I would find them someone," said Morgan.

"Because the number of students is much less, the number of contracts will be less. But the service doesn't solely exist to pump people in and out," she said.

"The service exists to provide ongoing development. So the success of the program isn't measured only by the volume that's on the campus."

Tutors are paid \$7 per hour to start, and \$7.50 after 25 hours work, said Morgan. "And the Doon Students Association (DSA) contributes to the payroll as well."

Finances should never stand in the way of someone who needs tutoring, she said. "It costs a student \$7 to work with a tutor for a five-hour contract and if they legitimately couldn't pay, we'd waive that fee."

Tutors are only paid for the time they actually work with the students. Preparation time is not acknowledged. Tutors must have a B+ or better in the subjects they want to tutor and a B+ average overall.

Tutors should be able to sit down and listen, to explain a concept in simple terms, to share knowledge and to understand where their students are coming from, said Morgan.

"They've got to be a good, solid student, but, more important than that, they have to have a comfort with someone and an ability to assist someone."

"What I look for in the interview is the enthusiasm," she said.

For the most part, tutoring takes place on campus during the normal school day. "You want to make it as easy as possible," said Morgan. "And there's also a safety factor. I don't think I would feel comfortable encouraging students to invite strangers to their home."

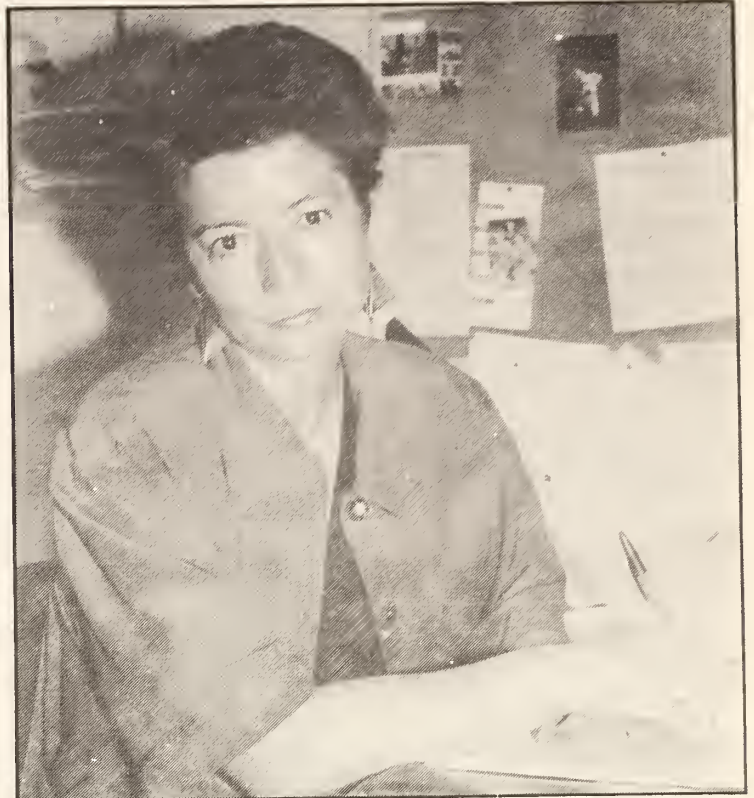
Morgan said she requires tutors to work a minimum of two hours a week. "Some people are comfortable working with one student while some people work with four or five students. It's an individual thing."

Morgan has been involved with peer tutoring for five years and said there have been no major changes to the program.

"The volume continues to increase as the population increases and the demand increases," she said. There were about 95 tutors and 350 contracts last year.

Tutors are hired in September and must attend a one-day training course the first Saturday of October.

Morgan said there have not been any major problems with the program. "There's always going to conflict in any one-on-one relationship," she said. "There's always the



Jo-Anne Morgan, peer tutor administrator.

(Photo by Hilary Ibbotson)

possibility of friction."

When matching tutors to students, Morgan tries to pick up on characteristics and personality traits. "I wouldn't match a really hyper person with a really passive person. If you were 50 and return-

ing to school I'd try and match you up with someone who was similar to you."

And, most importantly, said Morgan, she stresses that students can go to her if there is a problem. "If there's a problem, get in here."

Access and preparatory studies bridge gap to opportunities

By Kenton Augerman

What's in a name? Plenty, if your name happens to be the school of access and preparatory studies.

With departments on the Cambridge, Guelph, Stratford and Waterloo campuses of Conestoga College, the school is diverse and difficult to sum up, says dean Sharon Kalbfleisch.

"Access programs are largely bridging programs — programs bridging people either into work or into other educational opportunities," Kalbfleisch says.

"Our focus in the access programs is largely on adults. Not totally — general arts and science has students right out of high school. But by-and-large, we're heavy duty into adults."

According to Kalbfleisch, the school is "doing some quite nifty things" to help women.

A committee has been formed to investigate how the school can benefit rural women. And the school recently completed an "incredibly successful" program designed to place women into fields of technology, rather than trades.

Making Conestoga College more interactive with universities also is being pursued by Kalbfleisch.

She cited a journalism project being negotiated with the University of Waterloo as an example of the groundwork she has laid.

According to Conestoga College journalism co-ordinator Andrew Jankowski, plans

call for the creation of a joint program between the college and the University of Waterloo in which students complete either three or four years at the University of Waterloo, followed by an additional year at Conestoga. Graduates would receive both a university degree and a college diploma. The plan awaits the approval of the university senate.

The school of access and preparatory studies has existed independently for about two years.

Before that, preparatory studies was combined with applied arts and academic support.

Kalbfleisch, formerly dean of applied arts, academic support and preparatory studies, has been dean of access and preparatory studies since the beginning.

"When it was decided to high-profile access programs, that's when I made the shift," she says.

Kalbfleisch was located on the Doon campus for about 18 months.

Relocating to the Waterloo campus "made a lot of sense," she says, because much of the faculty (totalling about 33 full-time members) was already there. Being close to her co-workers is important because "we try real hard in access to function as a team."

The Waterloo campus also is more accessible, Kalbfleisch says.

"It's on a bus line, and since we're doing some English as a second language work with the University of Waterloo, it's nice and handy."

New business program to be offered

By Becki Chmielewski

Starting in September, a new small business program will be offered at Conestoga College's Doon campus, with an initial intake of 50 students.

It will be a one-year certificate program offered to anyone with an Ontario Secondary School Diploma or the equivalent. The program will also be offered to mature students at least 19 years of age. All applicants may be required to complete a questionnaire and attend an information session. A screening interview may be used for final selection.

According to business instructor Ian Matthew, who along with Grant McGregor (dean for the school of business, applied arts and engineering technology) and Jim Drennan (chair, school of business) thought of the idea for the new program, a similar one has been offered at Mohawk College for the past four years.

"It (the program at Mohawk) is doing very well. In fact, they're expanding; they have been taking between 50 and 75 students. They're going to enrol 90 students

this year," Matthew said.

The cost of the program will be the standard tuition fee of about \$900.

"It's the cheapest deal in town," Matthew said, adding, "Most people who start up a small business generally go to a lawyer or chartered accountant and in both cases, you're probably looking at an hourly charge of \$100 to \$200. In this situation, they pay their tuition."

The new program is about 16 hours a week and is a combination of lectures and tutorials.

In addition, a guest speaker from private industry will be brought in once a week.

Students will have three resource textbooks and work sheets, which are completed after each topic, to be submitted for evaluation. There are no tests.

Some of the topics to be covered in 27 areas of study are market research, income taxes, entrepreneurship and feasibility assessment.

Program objectives include how to develop a comprehensive business plan, how to start and successfully manage a small business and

how to network effectively in the business community.

"It's not a traditional academic course. It's very practical, hands-on oriented. It's designed to take people who have an interest in going into business and teach them how to do that," Matthew said. He added that small businesses employ 50 per cent of the non-government work force in Canada.

"The growth in jobs in the future is going to come from small businesses," he said.

After the program has been completed, the evaluated work sheets will comprise a comprehensive business plan that covers every aspect of the students' businesses.

"It's their forecast of what they're going to do and how they're going to do it," Matthew said.

"Part of this whole program is to involve the community, so I have a kick-off breakfast arranged for May 20 at 8 a.m., to launch the program and make the business community and the public aware of it," Matthew said.

The guest speaker will be John Bulloch, the president of the Canadian Federation of Independent Businesses.

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Awards

Food and beverage management students 'deserving' of awards

By Tim Pozza

Graduates of the two-year food and beverage management program at Conestoga's Waterloo campus donated a \$300 set of chafing dishes to the program and received awards April 29.

The early afternoon celebration had students and faculty mingling. It featured boxed pizza, beer, wine and cash awards to five of 16 graduates.

According to Gary Williams, co-ordinator of the program, students donated tips pooled from serving in the campus dining room over the year. The three stainless steel dishes, designed to display and keep food warm, are a welcome addition to the program's equipment, he said.

The Waterloo campus Conestoga Room — usually a formal place where students gain practical experience in restaurant operation, and cook up exotic meals — was the site of the awards. The restaurant is closed until September, when the program is scheduled to resume.

Beth Esenbergs, academic co-ordinator of the program, presented most of the awards.

Trista Alexander and Andrew Graff (not present because of a dentist appointment) each received the Waterloo-Wellington Perth Hospitality Association award. The

award "recognizes the two students from the food and beverage management program who have made a contribution to the industry by maintaining full-time or part-time positions through the two years of the program," said Esenbergs.

The Canadian Hospitality Foundation award of \$250 for a student who has shown leadership qualities and professional promise as well as the ability to get along with others was presented to Trista Alexander — her second award.

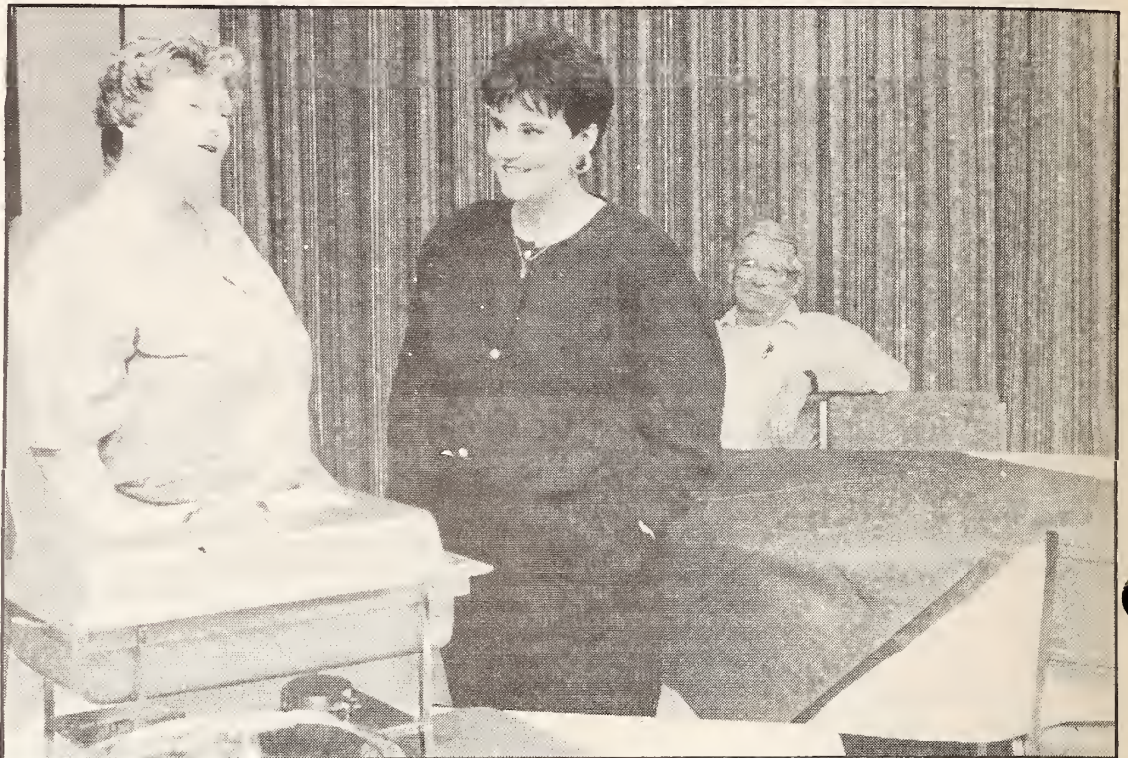
Williams presented the Region of Waterloo Culinary Association award to Yusuf Osmansoy to acknowledge his achievement of high level culinary skills and leadership in the kitchen.

"Everybody deserves the award," said Osmansoy later. "Everybody worked hard in the kitchen."

Amanda Death won an award sponsored by Garland Commercial Ranges Limited. The annual award of \$250 honors the student who shows leadership and initiative in a laboratory setting.

"I'm very excited because I never expected the award," said Death. She said she was happy too, because Conestoga College has hired her as a cook at Doon campus. She was to begin cooking for the early childhood education program in early May.

"I think it's great graduating and



Beth Esenbergs, academic co-ordinator (left), presents an award sponsored by Garland Commercial Ranges Limited to Amanda Death April 29.

(Photo by Tim Pozza)

having a job to go to," she said.

Diane Cudney, an instructor with the program for nine years, had a hand in deciding who would receive the awards.

"You get to know them (the stu-

dents) and then it's difficult to decide because everybody deserves something," she said.

Also on hand was Andy Clow, chair of Conestoga's business program, who thanked students for the

donation of the dishes.

"The thing about the industry is that people have to do more with less and less. The same applies here. And you've shown that you can do just that."

Mechanical Engineering students acknowledged at ceremony

By Lori Liphard

Conestoga's mechanical engineering program acknowledged students from first, second- and third-year during its annual awards ceremony May 7 at the Doon campus.

Recipients of the Babcock & Wilcox Award were Lawrence Reynolds and Pedro Fleites, both second-year design and analysis students. Because of high academic achievements, both received money towards next year's tuition and were guaranteed a summer job.

John Bonesso, third-year automated manufacturing, Gary Pundsack and Dustin Teschke,

both third-year design and analysis, won the NCR CAD-CAM Award, which recognizes the best third-year project.

The Society of Manufacturing Engineers (SME) Award went to second-year students Paul Heyden, for computer-aided drafting, Julius Hofer, for design and analysis, and Ron Trepanier, for automated manufacturing and numerical control.

Kenton Frey, a first-year student who maintained a reasonable average and was the most helpful to classmates, was presented with the Lloyd Andrews Memorial Award.

Paul Kurtz, a teacher, explained at the ceremony that Lloyd Andrews, who died in a car accident in 1981, "was a leader. If a student had a

problem, he would be there to help. He was a pleasure to teach."

Proficiency Awards went to three students with the best academic marks: first year, Steve Marley; second year, Ron Trepanier; third year, Lisa McKinstry.

Terry Mercer, third-year design and analysis, received the Faculty Award.

Stewart Bowland, also a third-year design and analysis student, won the Leadership Award.

The Ontario Association of Certified Engineering Technicians and Technologists (OACETT) Award was presented to Dustin Teschke; the Hewlett Packard Award, for the best percentage mark among first-year students, went to Steve

Marley.

Ron Bin, third-year design and analysis, won the Mitutoyo Award.

Bob Baker, co-ordinator of mechanical programs, said in an interview before the ceremony that most awards are donated to the program. The companies set the criteria to be met by the student to receive the award, then faculty decides on the recipient.

In an interview after the ceremony, Mike McClements, chair of the school of technology, said one benefit of receiving an award is that "it certainly looks good on a resume." He said when a student does not have a lot of previous work experience, "an award like this might be the single factor that sin-

gles them out from everyone else."

Teschke, a third-year design and analysis student, who won the NCR-CAD Award with his partner, Pundsack, said after the ceremony that his best feeling was finishing their final project of a recumbent bicycle. Teschke said they worked well together.

Pundsack said there were many obstacles he and Teschke came across while working on their project and, "at times, the project got put on the back burner" because of other course demands.

"It (the project) was a trick to keep it on track."

Teschke said receiving the award is "a nice way to end off the year."

Technology students win awards

By Julie Magee

Industry, Science and Technology Canada presented the Canada Scholarship in Technology award worth \$2,000 to Conestoga College student Brian Tucker at Doon campus's Electronics Engineering Technology Awards. The awards were handed out April 23, in the Blue Room at the Doon campus.

The award, one of 11 presented, is aimed at rewarding academic excellence and encouraging Canada's most promising students to pursue studies and careers as technicians and technologists. The awards presentation was hosted by Brad Howarth, and college president John Tibbitts congratulated Tucker on winning the scholarship.

"Technicians and technologists are playing a very important role in our society and particularly in our economic development, and they will continue to do so in the future," Tibbitts said.

Companies and groups sponsoring the awards included Raytheon Canada Ltd., COM DEV Ltd., Allen-Bradley Canada, Hewlett-Packard, Katlyn Engineering, the Ontario Association of Certified Engineering Technicians and Technologists and the Institute of Electrical and Electronics Engineers (OACETT).

The COM DEV award was given to Matthew MacDonald, who achieved the highest average mark in the graduating year. The OACETT award was given to Ron Vink, a graduating student who assisted others while maintaining a high level of academic achievement. The Outstanding Faculty award went to Toby Boydell, who consistently excelled in the classroom.

In addition, faculty will be making a donation to the Learning Resource Centre for new materials such as electronics textbooks.

Students exercise skills outside classroom

By Sheri Hargeaves

Creativity and practical skills were on display as four woodworking technician students submitted projects and competed in the Woodworking Team Challenge at Doon campus April 21.

The project, named by Peter Findlay, was proposed in January to give the students an opportunity to exercise their skills outside of their class curriculum.

The first challenge consisted of designing and constructing a table to meet specific requirements. The students were told they had to design a cocktail table that could be easily assembled and disassembled. All the pieces had to fit in a small box and no nails or screws were to be used. To add incentive, Findlay, the coordinator of the woodworking technician program, presented a scenario to the students, explaining that they were required to bring to a party a table that could be carried by motorcy-

cle. Once at the party, no drinks could be served until the table was properly assembled.

The students were also assigned to create a foot stool, using two dowels, that could withstand 150 pounds of weight and be suspended from the wall.

Connie Chisholm and Tom Walker submitted both the foot stool and table designs. Andrew Coholic and Darryl Lepp also contributed projects in both categories.

Initially, there were more students interested in participating in the contest, Findlay said, but it finally came down to two teams.

While three of the projects were made of maple and cherry, Coholic and Lepp utilized padauk, walnut and purpleheart woods for their table design.

In the foot stool category, Chisholm and Walker met with disappointment as their entry creaked under Findlay's scrutiny. As Findlay put the stool to the test, by sitting on it, the wood began to crack. Ac-

cording to Stewart, the fault was with thick glue lines that were failing. Chisholm said despite not meeting the criteria with the foot stool submission, she had "learned a lot."

Putting the projects together took between 14 and 20 hours each, according to Chisholm and Coholic.

The projects were judged by Al Sparling, a teacher at the Woodworking Centre, Mike McClements, chair of technology at Conestoga, and Colin Stewart, industrial design director for Krug Furniture in Kitchener.

Both projects for each team were evaluated and Coholic and Lepp were awarded \$100 each and presented with the Woodworking Team Challenge plaque. Chisholm and Walker both received \$50 as runners-up.

Stewart said the students benefited by working in teams. He said he could see that a lot of thought had gone into the creations and the work the students accomplished "shows a lot of promise."

ENTERTAINMENT

Bruce Lee was a tragic hero

By Duncan R. Inglis

Dragon: The Bruce Lee Story opens a door to the life of one of the most mysterious men of the 20th century. With this film, Universal Studios could make Bruce Lee, played by Jason Scott Lee (no relation), a North American hero.

His widow Linda Lee Cadwell's biography sets the stage for a fantastic movie. Of epic proportions, The Bruce Lee Story tells the tale of a man with a fear. He must face and fight his fear in order to survive. He fears nothing greater than not being there for his family.

The Bruce Lee Story, directed by Rob Cohen, is the Asian equivalent to Malcolm X, from director Spike Lee. A handsome, Asian, leading man, Scott Lee takes on a film that may deserve awards but likely will not get them. Scott Lee portrays the speed-of-light life of Bruce Lee with great enthusiasm, emotion and exciting excellence.

The story revolves around the notion that Lee battled something greater than the brain edema which killed him at 32. A family curse played a major role in the shaping

of the Kung Fu king.

Born in the United States, Bruce was raised in Hong Kong. Bruce's father sent him to San Francisco in the early '60s. He wanted his son to flee Hong Kong for America, because he felt the demon of death was coming. The spirit, portrayed as an indestructible, iron-clad, Sho-gun warrior, wreaked havoc on his father's and later on Bruce's

Movie Review

sub-conscience.

According to Bruce's father, the demon had taken the life of a brother Bruce had never known.

When in America, Bruce Lee faced bigotry and degradation in many facets. It came from jocks at school, one of whom claimed a father was killed by Lee's kind in Korea. Lee said, after throwing the jock around, "Sorry about your father, that was a Korean. I'm an American."

His mother-in-law didn't want her daughter having yellow babies and told Lee he wasn't really American. On a date, at a posh restaurant he waited at the bar with Linda while being passed over time and again. Reverse bigotry also occurred

when American-Orientals decided he must not teach whites or blacks his Kung Fu. Bruce fought his way out of a dead-end dishwashing job that he got when he first arrived in America. He started school, met Linda, his wife-to-be (Lauren Holly from television's Picket Fences) and started teaching the secrets of Kung Fu to whomever wished to learn. He continued to fight for a place in American society but wound up returning home.

Dragon is a surprising film with fights, romance, comedy, passion and all the makings of an epic. The life of Bruce Lee was tragic. The curse of the demon, although fought, has been said to have conquered the Lee family. Brandon Lee, Bruce's son, died at age 28, as a result of a prop gunshot wound. He was starring in the film The Crow.

Dragon makes Bruce Lee out to be a great hero and never kills that image. In the film, director Cohen ignores Lee's rumored drug problems, which were said to have contributed to his coma. Bruce told his wife he felt he was being pulled down by something, like a demon, after he awoke from his coma. He later died.



Wind me up. . .

John Dawson checks and rewraps hoses at Conestoga College's Doon campus for Bates Fire Protection of Kitchener.

(Photo by Allana Gillam-Wright)

Battle for Berlin a poignant tale by Chadwick

By Gary Wiebe

On the evening of June 5, 1916, the British cruiser HMS Hampshire struck a German mine off the coast of the Orkney Islands near Scotland. It sank within 10 minutes and, with it, went the British minister of war, Field Marshal Lord Kitchener.

At that same time in Berlin, Ont., city council was in an uproar over the issue of choosing a new name for their city. Little did they know that, with the death of Lord Kitchener, Kitchener, Ont. was born and would officially become Lord Kitchener's namesake on Sept. 1, that same year.

The Battle for Berlin, Ontario, an Historical Drama by University of Waterloo drama Prof. W.R. Chad-

wick details this and other high drama in the city of Kitchener's history during the crisis years of the First World War. It is a poignant tale, chronicling events leading up to those turbulent days when Berlin's citizenry — more than 70 per cent were of German ancestry at the time — fought each other and outside opinion when it was perceived, by some, that living in a city with the same name as the capital city of the enemy, was unpatriotic and not conducive to maintaining Berlin's reputation as a Canadian industrial powerhouse.

The book is less than 200 pages in length, making it a short but highly-informative read. It is written in concise language with all the necessary

facts although Chadwick makes no bones about the fact he interpreted events using his point of view. Chadwick believes Berlin suffered a "gross injustice" and is quick to paint the characters involved in the

Book Review

controversy as heroes and villains.

The book gives all the background information necessary for one to reach his/her own conclusions starting with events in the 1500s in Switzerland that eventually led to the migration of peace-loving people to the Waterloo Region via Pennsylvania.

From there Chadwick gives us an

idea of the German flavor prevalent in Berlin and the industriousness of its citizens. He chronicles events leading up to the battle over the city's name, deftly guiding the reader through the raucousness of city council meetings, the less-than-democratic moves of the board of trade, the tyranny and near-press-gang tactics of the 118th Battalion culminating in the destruction of the Concordia Club and the assaulting of prominent citizens and, finally, the defeat and ultimate victory of the name-change forces in confrontation with Queen's Park.

The story is a must-read for those interested in local history and, particularly for those who, today, have

voiced their opinions on last year's controversy surrounding the naming of the plaza fronting the newly-constructed city hall in downtown Kitchener.

The Second World War intervened between events in 1916 and today. As a result, the name Berlin is associated more with Nazism than with the happenings of 1916. However, the Battle for Berlin will give the reader a basic understanding of how patriotic fervor and misunderstanding caused problems for yesterday's citizens who only desired to exist in peace.

How many times have you heard someone ask, "What's in a name?" The Battle for Berlin, Ontario provides an answer.

Gibson has new sound

By Becki Chmielewski

Body Mind Soul, Debbie Gibson's fourth album with Atlantic Records, is destined to be a success. Gibson is no longer the bubblegum-music singing teenager she once was.

Her sound has matured. As usual, all songs were written or co-written by Gibson, and she has begun to use the lower portion

of her vocal range (possibly because of her recent Broadway appearance in *Les Miserables*.) She abandoned the squeaky high notes used on her previous albums.

Although many people may not be prepared for Gibson's new and more mature sound, *Body Mind Soul* is a pleasant surprise. The album is filled with heartstring-pulling ballads, guaranteed not to leave a dry eye in the house, and get-out-of-your-chair-and-dance beats. It is easy to see that she is more mature and is searching for an

equally mature audience, although not necessarily abandoning fans from her *Out of the Blue*, *Electric Youth* and *Anything is Possible* days.

Gibson should get an award for the fastest rap and the number of words she can say in that rap without taking a breath in "Shock Your Mama."

Another album highlight includes "Love or Money".

It carries a "I will never leave you no matter what anyone says or does" message.

"Little Birdie" is a catchy, fun tune with bird chirping in the background reminiscent of "Rockin' Robin."

There is a serious message to be heard in "When I Say No" for presumptuous males who want more than what their dates would care to give them.

Body Mind Soul was a delight to listen to and if you were not a Debbie Gibson fan before listening to this album, you will be after.

Album Review

Headhunter a trip to the bizarre

By Sean Meyer

Have you ever wondered what it would be like to be insane? There must be a certain thrill that would make sanity seem so dull. If you are interested in a quick peek into a completely different world, then *Headhunter*, by Timothy Findley, may be just the book for you.

Headhunter is a story filled with characters fresh from someone's dreams. Dreams or nightmares. The story begins with Lilah Kemp, a former librarian and now schizophrenic spiritualist. Lilah Kemp believes she has the power to call characters out of the books she reads, giving them substance among the living. While reading Joseph Conrad's *Heart of Darkness*, Lilah believes she calls out Rupert Kurtz. Whether or not she truly did is neither clear nor — as far as the story is concerned — very important. After all, she

believes she has and that is what the story is about.

From the introduction of Kurtz, Findley quickly moves into the many sub-plots the book contains. Kurtz is the psychiatrist-in-chief of The Parkin Institute of Psychiatric Research

Book Review

in Toronto. From this position he begins to take influence over many of the social elite the city has to offer him. Over a dozen supporting characters are introduced to help tell an ultimately interesting, if not somewhat confusing, story. These characters include psychiatrists, artists, teachers, businesspeople and photographers.

As the story continues we are introduced to the newest plague in North America, sturnusemia. The

symptoms and results of the disease resemble AIDS except it also includes the speckling of the skin in a fashion similar to that which birds have. Birds, apparently the carrier of the disease are gassed by municipal death squads known as D-Squads.

Two themes running all through the story are homosexuality and second is child pornography.

Some people may be offended by certain scenes in the book (in one scene, a young psychiatric patient tries to tear off his penis) but everything in the book needs to be there to support the story. Nothing is added just for its shock value.

Headhunter is a story about not only the mental illness of certain characters but of the hidden darkness in all people. As Joseph Conrad wrote in *Heart of Darkness*, "... it was written I should be loyal to the nightmare of my choice."

Harassment policy to be main focus for counsellor

By Colleen Connachan

Issues surrounding the college's new harassment policy will be the main focus over the summer for employment and education equity counsellor Deborah Hill-Smith.

The date rape committee and employment equity committee are two projects recently taken on by staff and students who will search for new campaigns and policies and ways to attract more awareness.

Part of awareness is educating people on how to prevent harassment in all forms, said Hill-Smith.

"These committees are set up because the college wants no harass-

ment to exist." With a new residence building slated to open in the fall beside the Doon campus, there is more of a potential for date rape and harassment issues to arise, said Hill-Smith.

She said the college wants students to know that any kind of behavior of that sort is not accepted. "For people who don't respond, there are severe, strong penalties that will be exercised."

The college is committed to seeing acceptance among students based on gender and race, said Hill-Smith. "If students know how to handle differences, then they are more desirable to employers."

She added that what constitutes inappropriate remarks "changes and evolves."

"We're trying to change society; we're trying to change conditioning," she said.

A concept called "zero tolerance" is involved in various issues surrounding harassment, such as violence against women, wife assault, date rape, employment equity, and human rights.

Hill-Smith said these issues need to be defined so the whole environment at the college is aware of them, and harassment situations will be eliminated.

"We're trying to put in place sup-

ports for people that might experience (problems) or be a so-called victim."

She said the ideal world the college is striving for needs people to examine their own values first.

Hill-Smith said there is a strong commitment from senior management for these projects to succeed.

College president John Tibbitts "is behind us 100 per cent," she said.

Other programs Hill-Smith is working on this summer include training sessions for people who are in a position to have responsibility for sexual and racial harassment, such as faculty, supervisors

and employees.

For example, when inappropriate remarks are made to a student in a classroom about gender or race, the faculty member is responsible for correcting it. "All of us share responsibility for observing it and saying 'this isn't appropriate anymore,'" she said. "There aren't enough people speaking up."

Allowing more support and freedom for people to say "I don't appreciate those comments" is a good change and eventually will create an ideal environment, she said. "It's a long-term vision of how we want our organization to be."

Doon's bookstore begins yearly updating process

By Jason Schmidt

Employees at the Doon campus bookstore are now hard at work doing their yearly preparations for the fall, a task which will take all summer.

"Basically what we have to do is get rid of all the books we are left with this year and wait for the new ones to come in for next year" said bookstore worker Kerry Davidson.

Davidson said all books are sent back to publishers because editions change.

"Even though not all the books have to be updated, they all have to go back because the publishers do not tell you if they have to be revised. Then, the ones that do not need revision are sent back," she said.

Davidson said the major problem with this process is that the college is stuck with all the leftover books because the publishers don't buy them back if no revision is needed.

"That is why it is important for the teachers of the courses to order the correct number for the students so there aren't any remaining."

Davidson said that when a course runs out of a particular textbook and needs more, publishers will take special orders. "Then all you

can do is wait, because you never know when the publishers will get around to sending the textbook . . . during that time students and teachers both get frustrated."

"It's an uphill battle to try and keep the students satisfied, because if we do run out of a certain kind of book early in the year, we have to order more and that can take some time," she said.

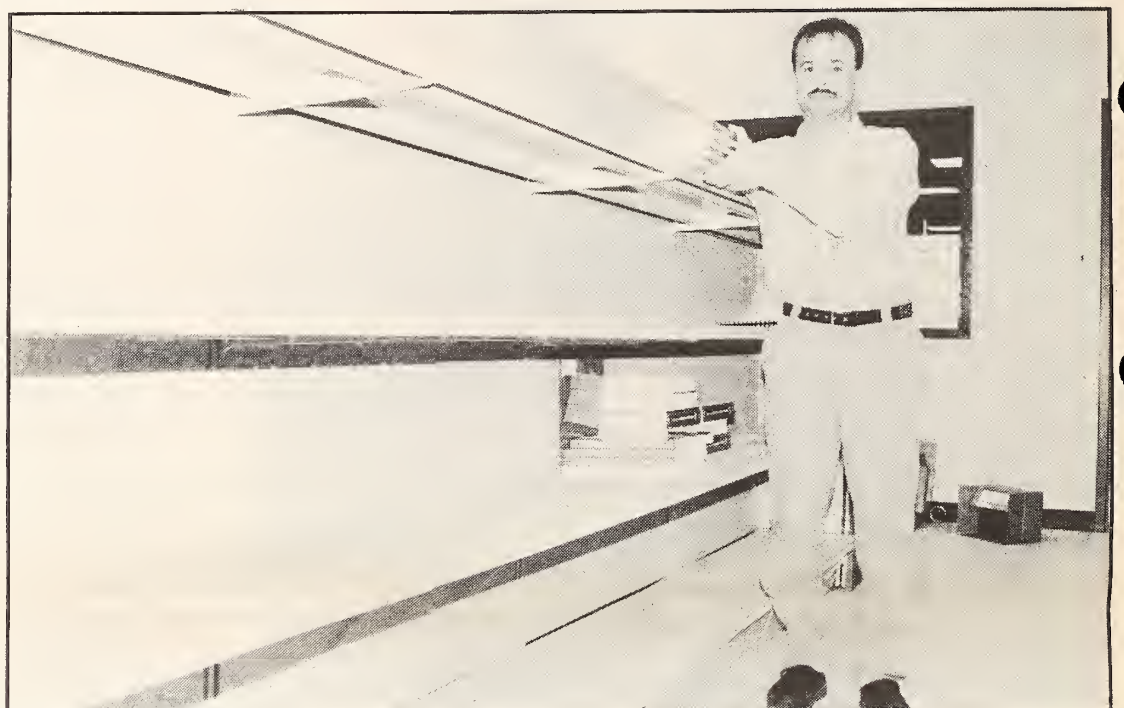
Employee Dan Randall said when too many books are ordered and they cannot be returned they are charged to programs which ordered them.

When asked about selling second-hand books at a cheaper price and then buying the books back when students are finished, Davidson said it was a good idea but textbooks soon get outdated and then are of no value.

Davidson also said since the bookstore has moved inside the college, the yearly task of updating hasn't gotten easier. In fact, the workload may have even increased.

"Being as we now have more space, we carry more things and we are responsible for more."

Randall said the updating process will take all summer because a lot of schools do it during the same time and once the publishers get around to sending Conestoga's



Dan Randall, a bookstore employee, takes books down from the shelf in order to get the bookstore ready for next year.

(Photo by Jason Schmidt).

shipment, a lot of time has passed.

"Sometimes teachers even forget to order their books for the program and don't do it until September. Then their books come in late and they get mad . . . it just complicates

things," Randall said.

An attraction the bookstore will have for September is a new variety of fall wear.

"The clothing section will also be brought up to date," Davidson said.

Last year's stock "was the largest selection we have ever had and it sold very well."

Come this fall the fashions will all be new; nothing will be duplicated.

Woodworking faculty goes abroad

By Kathleen Sibley

A month-long teaching stint, with two weeks to prepare, in a country that used to be part of the Soviet Union was not in Peter Findlay or Bernie Freese's job descriptions as faculty members of Conestoga's Woodworking Centre of Ontario.

But when the opportunity arose to participate in an international project in Latvia, both jumped at the chance, said Doug Prokopec, Conestoga College's international education office manager.

Though the project had originally required only one instructor, said Prokopec, both were selected. "We can't pick one over the other. Both are excellent."

Freese and Findlay left Canada May 7 to teach a group of 12 Latvian teachers — seven of them women — manufacturing and business components of the woodworking industry, said Prokopec.

The project is funded by the Canadian International Development Agency (CIDA) and the Association of Canadian Community Colleges (ACCC), he said. Seneca College in Toronto, which has a

contract with ACCC to execute the project, asked Conestoga to supply the expertise because of the reputation of Conestoga's Woodworking Centre, he said.

Prokopec said Freese and Findlay submitted proposals based on a "limited understanding" of the project to Joe Brookman, director of international development at Seneca, who thought the proposals were "great." Prokopec said the two make a good team because they complement each other's skills in business operations and woodworking.

Participation in the project will not cost Conestoga or Freese and Findlay anything, said Prokopec. "They're going to get a wonderful experience and a professional development opportunity at no cost."

Findlay and Freese are to teach from May 10 to June 4, said Prokopec. They will be housed in "modest accommodations" at Riga State Technical School in Riga, Latvia's capital. "They're not living at the Ritz," he said.

Meals, airfare, transportation in Latvia and incidental expenses will be covered by the project and the

Latvian government, said Prokopec.

The instructors will also be provided with a translator. Difficulty communicating, said Prokopec, is "a big problem."

Prokopec said participation in the project will "help to improve the corporate resume of the college and in part, the corporate resume of the Woodworking Centre," which he called "a world-class facility with a growing international reputation."

Although he wasn't sure exactly what the project entails, "It'll be clear when we get there," said Findlay. "Part of why there has been some uncertainty is finding out what we as Canadians can do to help. Uncertainty is part of the task."

Findlay said he looks forward to "the experience of working with teachers in another country" and the "interesting" shopping — stores are still unorganized compared to Western ones, as the country shifts from a controlled to a Western economy, he said.

Findlay said he plans to take lots of photographs of the architecture and to jog early in the morning to see "how the town wakes up."

Sports

Sport programs cut

By Natasha Sweeney

Men's and women's volleyball and basketball intercollegiate programs will not be offered at the athletic centre next year.

Dan Young, from the Kenneth E. Hunter Recreation Centre and part of the athletic program review and John MacKenzie, vice-president of student development and human resources, spoke to the Doon Student Association (DSA) about this decision.

"We are looking for your support in communicating this information to students," Young said. "Students will be upset by the decision."

Young said the objective of the athletic program review was to review the operation of the athletic program. Intramural programs have grown, Young said, with 2,200 participants in inter-

nal and external intramurals.

With more students moving to Doon and the new residence, an increase in intramurals had to be looked into, said Young. Because of these factors, there will be more demand on facility time, which became the "tough part of the committee review."

All intercollegiate programs could not be offered, so the men's and women's basketball and volleyball intercollegiate programs were taken out.

MacKenzie said the college can't subsidize the operation of the recreation centre with a quarter of a million dollars. "We need to move from a \$250,000 burden to break even," he said.

"This program is not in stone, as in forever," said Young. The activities will be looked into every year for review. "At this point in time we are dedicated to four activities that do well."

Honda comes to Doon

By Gary Wiebe

Honda Canada's fourth annual Come Ride with Us motorcycle program rolled onto Conestoga College's Doon campus May 8 and 9.

The Doon campus stop is one of many in the program's three-month coast-to-coast tour sponsored by Honda with the co-operation of the Canada Safety Council.

The Doon portion, featuring various models of the latest Honda motorcycles, was co-sponsored by Conestoga's motorcycle driver training program, K-W Honda in Waterloo and Two Wheel Cycle and Sport in Guelph.

Kim Thompson, Honda spokesperson and tour co-ordinator, said, the program has been going on for four years and has resulted in 10,000 test drives.

"The idea is to educate the consumer on new motorcycle technology and it's also good public relations, with emphasis on safe riding. And it's fun."

Potential consumers sign up to drive the model of their choice. Only licensed riders with helmets

and the proper clothing may test-drive a new machine. The riders leave in small groups for a 20-kilometre tour led by a qualified instructor.

Participant Peter Hendershot said, "It's a great program. I took it last year. I've previously owned four different Hondas and this program allows me to test-drive some of the newer ones that you don't get an opportunity to drive at the local bike shop."

Thompson said that despite the recession, "it's been a strong year in sales. The safety statistics are improving and that's helped sales to be up."

Thompson said consumers purchasing a new Honda receive a free company-paid training program.

The Canadian Safety Council motorcycle training program at Conestoga College provides 22 hours of instruction in motorcycle driving, safety and maintenance. The program runs on weekends from April to October. Thompson said the cross-country tour attracts riders in the 25 to 50-year-old age group. "It's not just guys. There are more women participating these days."

Interested buyers receive the lat-

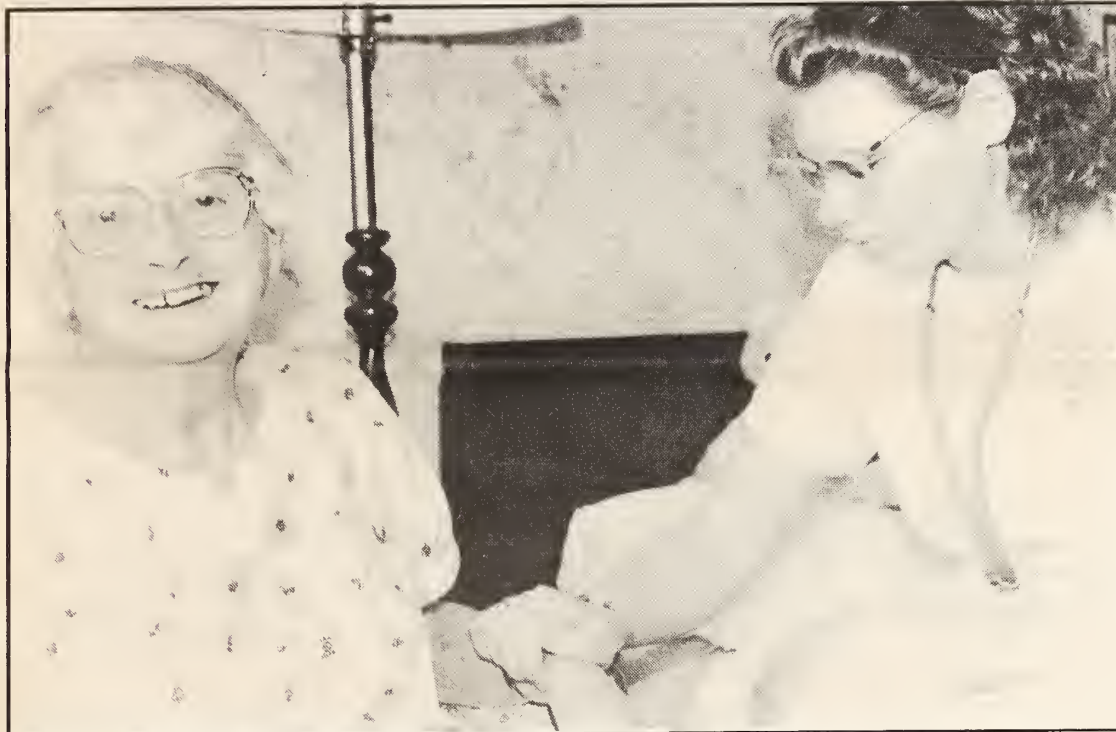


Brad Steubing makes some last minute adjustments to an 1100cc Honda Shadow on Saturday, May 8. (Photo by Hilary Ibbotson)

est Honda catalogue detailing the newest technology for every bike in stock. The only item not listed is horsepower rating. Thompson said, "We don't talk anymore in terms of horsepower. We call it adequate, balanced power deliv-

ery." An \$80,000 specially-designed trailer carries the motorcycles from stop to stop on the Canada-wide tour. Plastered with the campaign's Come Ride with Us logo, the enclosed trailer holds 30 motorcycles on two levels with an eleva-

tor built in. When Honda Canada Inc. entered the North American market in the early '70s, its logo was You Meet the Nicest People on a Honda. Thompson said the logo could be You Meet the Nicest People on a Honda — Come Ride with Us.



Jenny Foss (right), an RNA graduate, takes Beatrice Bricknell's pulse at Millwood Manor, May 6.

(Photo by Lori Liphard)

RNAs have more responsibility

By Lori Liphard

Registered nursing assistants (RNAs) will be "taking on increased responsibility and accountability in the future," said Nancy Hacking, chair of certificate programs for the school of health sciences, and to keep up to date with patient care, their knowledge will have to increase.

Therefore, "it's really important" for RNA graduates (from Conestoga College) to take continuing education courses at the college, she said.

Jenny Foss, a nursing assistant graduate, said she is currently taking a continuing education course Tuesday evenings, called assessment skills for RNs and RNAs — level 1.

In the beginning of the course, she said a lot seemed to repeat what she already knew, but she later found she was "going in-depth more."

The assessment skills course, she said, shows students how to look for and assess more abnormal things, "like lumps,

bumps, and masses."

Foss said taking night courses is especially important for the RNA. "A lot of people use them as a refresher." The way we get our knowledge is by taking more continuing education programs, which is good, because we get out there faster and we (RNAs) get experience faster and then we can build on," she said.

She also agreed that RNAs will have to accept more responsibility and that the RNA's knowledge will have to increase to keep current.

"They can stay at the graduating level, but that's not encouraged," she said.

She said night courses "also give you the edge over someone who doesn't have that extra course."

Hacking said RNAs are "like bedside specialists," who meet the patient's physical, psycho-social and spiritual needs.

Even though that is the RNA's primary role, the RNA's role is expanding to administering hands-on care and medications in nursing homes and chronic-care settings.

Through continuing education, there is a course called administration of medications offered which Hacking said is "strongly advised" that the graduates take.

She said the course will be incorporated into the program for September 1994.

Giving medications is one of Foss's responsibilities at Millwood Manor, a retirement home in Kitchener.

She works every other weekend and usually one shift during the week.

She is responsible for about 48 people. Foss said she handles some emergencies and administers medications.

Foss said taking the administration of medications course through continuing education has been helpful because she administers medications as part of her job.

She said she needs to continue to update and keep her skills current, through night courses, so she will not forget the material she learned. After all, she said, "If you don't use it, you lose it."



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Need for organ transplants a continuing challenge

By Kathleen Sibley

Technology has created the need for recycling paper, tin, plastic and glass in industrialized countries. But it has also created the possibility of "recycling" human organs, making it possible for many people to continue rich, rewarding lives because of the gift of organ donations, said semester-five nursing instructor Bonnie Monteith.

There are about 700 people waiting for organs in Ontario, said Monteith. Although many people sign the part of their driver's licence that authorizes hospitals to remove and donate organs, many people are unaware that their family can override that decision and deny or limit organ removal, she said.

If someone dies, other family members need to know what that person wanted, because "it's much easier for the family if it's discussed before than at the time of crisis."

It's important for a nurse to know what to say when approaching a distraught family member about allowing doctors to remove organs for donation, she said.

Many donated organs come from people who die in traffic accidents and who have signed their licences, she said. Enforcement of seatbelt legislation has meant fewer injuries, but also fewer available organs.

Most people don't realize how much of the body can be donated.

— Monteith

The result is a greater need for organs over the past few years.

Monteith said awareness of how to donate organs and make sure families understand is particularly important for college-age people. "Statistically, this age group has more accidents."

Monteith said most people don't realize how much of the body can be donated — the kidney, liver, heart, lungs, eyes, bones and joints, and skin.

Monteith said the life of a patient waiting to receive an organ is "somewhat precarious because you don't know when you'll be

called."

She said a person who had received a liver transplant talked to semester-five students in the fall about the difference the transplant made to the recipient's life.

Monteith said the school of health sciences also invited Christine Marshall, regional community co-ordinator for the Multiple Organ Retrieval and Exchange Program of Ontario (MORE), to talk to semester five nursing students in March because "as nurses we're often in contact with people whose families are potential donors."

Marshall visits Conestoga every semester as part of her job travelling southwestern Ontario and speaking to health professionals about the program she represents, said Monteith.

Marshall said only a small percentage of donated organs actually meets the criteria for transplants. Although age and sex are not important in transplanting an organ from one person to another, both must be similar in size, she said. "People think only

young people can donate organs but we have had organ donors in their 70s."

Marshall said she was surprised at the number of people who fear that if they have an accident, health care professionals won't work as hard to save their life if they know the victim is a potential organ donor.

People waiting for other transplants are often close to death.

— Monteith

Organ removal, said Marshall, is considered only when the donor is brain-dead and "the criteria for brain death is very detailed."

She added that transplants are considered when all other treatments are exhausted.

If the option is considered, she said, data are entered into a computer in Pathways, an organ retrieval centre in Ontario.

Algorithms are used to match donors with recipients, said Marshall, because "when you have something that's in such scare

supply you have to make sure it's distributed fairly," she said.

Marshall said that in the four years since she left her job as a nurse in a dialysis unit to work for the government-sponsored program, the percentage of people who signed their cards has increased to 38 per cent from 26 per cent.

In Kitchener, about 45 people are waiting for kidneys, said Gail Shantz, co-ordinator for kidney donors and recipients at Kitchener-Waterloo Hospital.

Some patients waiting for kidneys are on dialysis and others are waiting for dialysis, said Shantz. Dialysis "can be continued for a period but it takes its toll."

Shantz said of the organs most needed for transplants, kidneys top the list.

Kidney transplants have a 10 per cent higher success rate than the 80 per cent success rate of liver and heart transplants, she said.

Tissue typing and the health of donors and recipients "make a big difference," said Shantz.



Tracy Lennon, a first year journalism student, applies sunscreen before lying in the sun during her lunch hour break on May 11.

(Photo by Colleen Connachan)

Sunscreen a must for summer

Continued from page 1

However, unless you live like a hermit, avoiding ultraviolet rays is hard to do, said Ennis. "People naturally have long exposure to the sun."

The Canadian Dermatology Association states that there are three different types of ultraviolet rays. One is UVA, which are known to penetrate deep into the skin, causing premature aging from its longer, low energy rays.

The second is UVB, which cause sunburns from their short, high energy rays. The third is UVC rays which do not reach the earth, but may become harmful in the future. People need to protect themselves

from all three by using sunscreen with sun protection factor (SPF) of 15, or a sun block like zinc oxide or titanium dioxide for places like the ears and nose. Ennis said using a higher number of sunscreen allows longer exposure to the sun, but does not mean a person is protected for the whole day.

Jenn Davis, a support staff member in Doon campus's student services, said she remembers when she used to use Mazola oil when sun tanning, but today she has become quite accustomed to wearing hats.

"People need to realize that because of the ozone layer and UV rays, you have to protect yourself."

Long exposure to the sun will

most likely result in a sunburn, depending on a person's skin pigmentation, said McCuaig, who is also a practising dermatologist at the University of Montreal and Ste. Justine Hospital.

She said one way of relieving sunburn is by using a cool compress every 20 to 30 minutes.

Ennis said people with sunburns should avoid using any type of cold creams or lotions because they just hold in the heat. "It would be like putting butter on a burn."

Ennis said one form of protection is to cover up with a long-sleeved shirt and a large brimmed hat. She suggested that people who are going to do any kind of sun tanning do so before 10 a.m. or after 4 p.m.

Policy not being obeyed

Continued from page 1

A short time later Brady was given a set of keys and moved the car from the area, almost as Tibbits returned.

Tibbits said he had been "stuck in downtown Kitchener at a meeting" and returned late to the college for a student awards presentation. Before walking away, he said he had told security staff on entering the building where his car was.

Applied arts chair Fred Harris said later it also had been raining at the time and Tibbits did not want to get wet prior to the

televised presentation.

Third-year broadcasting — radio and television (BRT) student David Norcott, who received a ticket May 7 as he visited the college while on a work term, said he had only parked in the area for a minute.

"I really think they (security) must sit there watching for someone to park so they can give them a ticket," he said, angrily pacing near his car.

Norcott, who had bought the car that day, said he ran into the security office, tore the ticket into pieces and left it on their desk because he was so annoyed.

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